

### JUNE 2018

#### Residential Sales by Price (Year To Date)

Price Range	2018	2017
280,000 to 319,000	7	10
320,000 to 359,000	14	27
360,000 to 399,000	7	37
400,000 to 439,000	16	60
440,000 to 479,000	38	81
480,000 to 519,000	69	83
520,000 to 559,000	61	109
560,000 to 599,000	103	112
600,000 to 699,000	225	235
700,000 to 799,000	170	138
800,000 to 899,000	82	85
900,000 to 999,000	50	49
1 million and over	84	80

#### Real Estate Stats Last Month

Average house price	723,247	703,717
Median house price	677,500	649,900
Average Mobile Home price	182,471	161,211
Houses listed	587	524

#### Residential Sales (Year To Date)

Type	2018	2017
Acreage/House	38	42
Townhouse	308	410
Condo	626	692
Lots	105	188
Mobile Homes	91	98
Residential	929	1,118
Residential (Waterfront)	18	14
<b>TOTAL</b>	<b>2115</b>	<b>2562</b>

#### Active Listings

Res	Mobiles	Strata	Lots
1,069	79	823	385

Okanagan Mainline Real Estate Board Stats



# the real estate Report

## THE POWER OF PLANTS FOR HOME WELLNESS

*The right houseplants can make a real impact on your family's health*

We would instinctively tend to agree that time in nature is good for our overall wellness. But what about importing this wellness inside your home? Making some smart plant choices can make a difference in several areas of health:

#### Air Quality

Indoor air pollutants have been shown to be a top 5 environmental factor in health risk. However, a famous NASA study showed that plants and the soil microorganisms in their pots can be used to scrub the air of cancer-causing compounds. And while the air in your home is replaced more readily with outdoor air than a laboratory, houseplants can still make a difference. There are many options, but some favourites are the garden mum, the easy-to-grow spider plant and the Boston fern.

#### Stress relief

Nowadays we tend to have a tech-dominated lifestyle, answering emails and working from home, and even spending our leisure time looking at

screens. Interaction with indoor plants was shown to reduce stress in young adults vs. working on computers. There was a subjective increase in their sense of well-being as they cared for indoor plants, as well as a decrease in blood pressure.

#### Insect repellent

What's the most dangerous animal in the world? You may be surprised to hear that it's the mosquito. More people die from mosquitos transmitting diseases worldwide than any predator. However (you guessed it), there's a plant for that. Many plants provide a natural repellent to keep away these and other bugs from your home. Herbs and the smell from the essential oils they contain can be quite effective. Mint, basil, lemongrass and thyme are just a few that can keep mosquitos and other bugs away. Some flowers, such as marigolds, allium, lavender and chrysanthemums are also potent repellents for a variety of pests. Plant them inside or out and see the results for yourself.